

EATING DISORDER AWARENESS WEEK

February 1-7, 2018

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- WHEREAS:** Eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability; and
- WHEREAS:** Stigma, secrecy and stereotypes still surround eating disorders, causing many people who are suffering to refrain from seeking help; and
- WHEREAS:** Open supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and
- WHEREAS:** Eating Disorder Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and
- WHEREAS:** Eating Disorder Awareness Week aims to teach Canadians that eating disorders are not a choice, and that eating disorders are a serious and dangerous mental illness; and
- WHEREAS:** The National Eating Disorder Information Centre (NEDIC) is Canada's only national organization dedicated to helping those with eating disorder, food and weight preoccupation and related issues. NEDIC provides information, education, resources and referrals to individuals with eating disorders, their families, friends and health care professionals.
- THEREFORE BE IT RESOLVED:**
That His Worship Mayor Rob Keffer and Members of Council proclaim February 1-7, 2018 as EATING DISORDER AWARENESS WEEK in the Town of Bradford West Gwillimbury.