

WORLD MATERNAL MENTAL HEALTH WEEK

May 3-10, 2020

WHEREAS: as many of 1 in 5 new mothers experience some type of perinatal mood and anxiety disorder (PMADs, often with tragic and long-term consequences to both mother and child; and

WHEREAS: this week recognizes that women of every culture, age, income level, and race can develop PMADs, with symptoms appearing any time during pregnancy and the first 12 months after childbirth; and

WHEREAS: increasing awareness will drive social change, with a goal of improving the quality of care for women experiencing all types of PMADs, and reducing the stigma of maternal mental illness.

THEREFORE BE IT RESOLVED:

That His Worship Mayor Rob Keffer and Members of Council proclaim May 3-10, 2020 as WORLD MATERNAL MENTAL HEALTH WEEK in the Town of Bradford West Gwillimbury.

**For more information, please visit
the Canadian Perinatal Mental Health Collaborative at www.cpmhc.ca**