

## PULMONARY HYPERTENSION AWARENESS MONTH

### November 2018

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- WHEREAS:** Pulmonary Hypertension is a disease affecting the arteries of the lungs. It can strike anyone regardless of age, sex, social or ethnic background; and
- WHEREAS:** Pulmonary Hypertension, which means high blood pressure in the lungs, causes the arteries of the lungs to become narrowed and scarred. This can result in almost complete closing of the arteries. People affected by this disease suffer from continuous high blood pressure in the lungs resulting enlargement of the right heart, and can lead to heart failure and death; and
- WHEREAS:** Some symptoms of pulmonary hypertension are: shortness of breath, bluish or purplish lips, hands and feet; swelling of the hands and feet; lightheadedness/dizziness, especially when climbing stairs or standing up; chest pain and a feeling of being tired all of the time and sometimes even fainting; and
- WHEREAS:** The somewhat “generic” symptoms often get mistaken for other, less serious illnesses and conditions and patients therefore experience significant delays in diagnosis and receiving lifesaving treatments.
- THEREFORE BE IT RESOLVED:**  
That His Worship Mayor Rob Keffer and Members of Council proclaim November 2018 as PULMONARY HYPERTENSION AWARENESS MONTH in the Town of Bradford West Gwillimbury.